

An
Investigation
into the
Specific Etiology of Scarlet Fever.

being a
Thesis Submitted for the degree
of Doctor of Medicine at the
University of Glasgow

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by

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The infection of Scarlet Fever has been known for a considerable time to be associated with a specific entity or germ which was conveyed in the vapors of persons suffering from the disease, was liable to be carried by fomites, and by articles of food and drink.

Although the persistence and violence of this infection, under varying circumstances and conditions, have from time to time been studied with great detail, a certain amount of doubt hangs round the specific etiology of the disease.

Various forms of organism have been described, and of recent years much has been written regarding the specific characters of certain Streptococci.

Scarlet Fever probably existed

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in the time of Hippocrates. The Plague of Athens is supposed to have ^{been} this disease but the observations of Virsch have led him to believe that the first definite record of the disease was in the year 1543.

Only of recent years, however, with improved methods of investigation, has the investigation of the specific cause of the disease ceased to be a matter for conjecture. The nature of the early microorganisms may, now, be considered only as a matter of historical interest.

In 1872 Mac Kendrick described a micrococcus, and in 1883 Pincus, a bacillus, neither of which have been considered distinctive.

In 1883 Crook⁽¹⁾ found a bacillus in the fluid exuding from the septic cellulitis of the neck, present occasionally in severe septic cases, and also in the nasal discharge. It was

(1) Lancet. 1883 Vol I Page 357.

composed of long segmented leptothrix-like filaments. These undoubtedly came from some outside source.

In 1887, Edington and Jameson found an organism somewhat resembling the above, in the desquamating scales of Echinus in Scarlet Fever cases after the third week, also in the blood of Scarlet Fever before the third day of disease. The method of obtaining it from the blood was by pricking the finger.

The nature of this organism has been critically enquired into by Klein, and its specific nature ~~has~~ disproved.

In 1870 Dr. M. Taylor, while showing the course of an epidemic at Penrith, showed, that in addition to the previously believed methods of conveyance of infection, the materies morbi of the disease, was capable of living and multiplying in articles of food, in this instance milk, which, since that date, has so frequently been shown to be a fruitful

(1) Brit. Med. Journal June 11, 1888.

(2) Stevenson & Murphy. Hygiene & Pub. Health Vol II.

Source of dissemination of the disease.

In 1881⁽¹⁾ Ernest Hart, found that there were on record up to that date fifteen epidemics, which had been thoroughly investigated, and where the source of infection had been traced to milk. Till this date the specific cause which was carried by, and multiplied in milk, was believed in every instance to have been derived from a human source.

In view of subsequent investigations however, it appears highly probable, that infection may come originally, from other than a human source.

Investigations in connection with the historic epidemic in London in 1881 showed that the cause of infection was conveyed by milk ^{when} ~~and~~ all contamination from a human source was excluded.

It was found that a cow used for milking purposes in a Surrey farm, and from which a portion of the milk supplied was obtained, suffered from

(1) S. W. & Murphy, Hyg. & Pub. Health Vol II & III. 1881 Vol I.

a peculiar disease which in some respects resembled Scarlet Fever. The relation of milk infection and disease in the cow remained doubtful till a striking example was given by the Hudson Cow Epidemic in North London in 1885.⁽¹⁾

The disease in every case was traced to the milk supplied by a certain farm, where the cows were found to be suffering from a disease of the udder & skin associated with certain visceral conditions.

With the investigation of this epidemic are associated the earlier observations on the streptococcus which is believed to be so closely related to the disease.

The milk from the farm at Hudson which caused the Scarlet Fever Epidemic by its infectiveness, was found to be distributed in certain sections, and the ability to convey infection had relation to particular cows. The basis of the scientific truth in this epidemic was given to Dr Klein⁽²⁾, who carried out the investigations for the Local Govt. Board.

(1) Outbreak of Scarlet Fever Haverley House. Report of Med. Officer L.G.B. 1886.
appendix to do.

Klein. Reports Milk Scarlet Fever 1885-86 1886-87
& Report Med. Officer L.G.B. 1897-98
(2) Infectious Disease of Man & Lower Animals. Trans. Epidem. Soc. Vol. 2 N.S.

Corrected
H. H. H. H. H.

The cows referred to, suffered from ulcers on the teats and udders, with sores, scurfy patches and loss of hair, associated with certain conditions of the internal organs.

Inoculation of calves with the lymph from some of these ulcers produced the identical disease. A micrococcus was obtained from the lymph, which was found to have distinctive modes of growth under cultivation. Inoculation of calves with a pure growth of this coccus produced in them a disease similar to the Hendon Cow Disease and Scarlet Fever.

A micrococcus was found in the blood and circulation of persons suffering from Scarlet Fever, identical in cultural & microscopic characters with that obtained from the Hendon cows (1)

Having ascertained the identity of the micrococcus in morphology, and cultural respects strains of each were tested on animals and the results compared. Mice inoculated were found to become affected in the same manner. Death took place in mice on the 7th day and a micrococcus obtained from the

(1) Etiology of Scarlet Fever Proceedings of the Royal Society, Vol 42

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blood and heart, had the same character
as that recovered from the Hudson cows, and
from cases of Scarlet Fever.

Lastly, the micrococcus recovered from the
blood of these mice was injected into calves,
and a disease was produced, the same
as that produced by inoculation of the
coccus from the Hudson cows; and from
the heart and blood of these calves
the same micrococcus was recovered
by cultivation.

The relationship of Klein's micrococcus
(which he called the *Streptococcus Scarlatinus*)
to Scarlet Fever, and to the peculiar
disease found in cows led him to
believe it to be the specific cause
of scarlet Fever.

Serious objections to these views have
been taken. (1)

It has been urged that the organism
recovered by Klein, from these sources
was nothing more or less than the
Streptococcus pyogenes.

Cultures in various media and inoculation

(1) see. Trans. of Epidemiological Society Vol II (New Series).

the same reference to the same from which
in the text and which, but never, surely
between and two others, more or less
certain evidence of the influence of
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have distinctive marks of color in
distinction. A difference of color with
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continuous and general form,
A difference in color in the
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continuous character with the color
from the same form
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difference in color, and the same
which is continuous and the same
which is continuous and the same
to be seen in the same manner
which is continuous and the same

blood and heart, had the same character as that recovered from the Hudson cows, and from cases of Scarlet Fever.

Lastly, the micrococcus recovered from the blood of these mice was injected into calves, and a disease was produced, the same as that produced by inoculation of the coccus from the Hudson cows; and from the heart and blood of these calves the same micrococcus was recovered by cultivation.

The relationship of Klein's micrococcus (which he called the *Streptococcus Scarletinae*) to Scarlet Fever, and to the peculiar disease found in cows led him to believe it to be the specific cause of Scarlet Fever.

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(1) see. Trans. of Epidemiological Society Vol II New Series.

8.
in animals, Klein urged, showed distinction.

The "Streptococcus pyogenes" produces in mice and rabbits local suppurations, which may lead to metastatic abscesses in the viscera; the Streptococcus of scarlet fever produces in a small percentage of white and a large percentage of ~~white~~ ^{other} mice in the course of one or two weeks, a distinct visceral disease leading to death.

It has further been objected, that Hendon Cow disease, & that disease, produced in calves with the coccus from 'Scarlet Fever' are neither of them the same disease as human Scarlet Fever.

It has never been proved that this organism recovered from Hendon Cow disease or from the human subject in cases of Scarlet Fever, can after being passed through several animals reproduce the disease in man, or, that this organism recovered ^{from man} in cases of Scarlet Fever, is the cause of the symptoms of Scarlet Fever. That it is frequently if not invariably found in Scarlet.

Fever is well known but there the matter
ends.

The relation of this Streptococcus to Scarlet
Fever has subsequently been more thoroughly
studied.

The fact that there is in a large
proportion of Scarlet Fever cases a distinctly
septic element, that septic processes
are so frequently associated with
Streptococcus pyogenes, and that
Streptococcus is an organism which resembles
closely the so-called Streptococcus
of Scarlet Fever has rendered the
investigation a more than ordinarily
complex one. Thus we find

Streptococcus pyogenes in ulcerated throat,
suppurative arthritis, abscesses, otitis media
- processes which are so frequently
associated with the more severe
type of Scarlet Fever.

The characters by which the
Streptococcus of Klein were differentiated are
cultural and pathogenic -

In both the fluid remained clear, while the growth formed a coherent conglomerated mass at bottom of tube. Milk was clotted in a few days, agar colonies tended to develop nodules. If inoculated into mice these die in a week or two, in rabbits only kidneys at site of inoculation is produced & death does not result. In all media the coherency of the growth growth formation was marked & distinguished this from other forms of *Streptococci*.

Most observers agree that *Streptococcus pyogenes* plays a very important part in Scarlet Fever.

"Baker considers that the whole infection in Scarlet Fever is caused by a modified *Streptococcus* infection.

Raskin found *Streptococcus pyogenes* in severe cases but could not demonstrate it in a single mild case. Hence he considered that *Streptococcus pyogenes* was only connected with the secondary infections.

(2) Lankertz found the organism in here

Ref: (1) Bacter. Untersuch. über Septische Prozesse des Kinderalters Leipzig 1889

(2) Beitrag zur Kenntnis der Secundärinfektion bei Scharlach. 1889

Culture in the blood of a case of Scarlet Fever associated with Suppurative adenitis of throat.

"Blaxall in 1894 investigated the bacteriology of Ulcer occurring in Scarlet Fever and found that (1) The organism most potent in the cause of this complication was the *Streptococcus pyogenes*. (2) That bacilli present are ^{due to} a secondary infection. (3) next in frequency are the *Staphylococci*. (4) and that the diplococcus of Pneumonia does not play such an important part in this as in Ulcer due to other causes, than Scarlet Fever.

In ⁽²⁾1899, Carr of Chicago described an organism which he believed to be the cause of the disease. It was a coccus which exhibited peculiar adhesive properties ^{the latter} due to an intercellular substance. The ^{these} "cocci form short chains & diplococci" and have been recovered from the blood in Scarlet Fever. It is pleomorphic in character, & he maintains that it is the same organism as that described by ⁽³⁾Baginsky and Sommerfeld in 1900.

(1) Bacteriol. Investigation of Supp. Ear Discharge in Scarlet Fever. Brit. Med. Jour. 21/7/94.

(2) Carr. Chicago Med. Recorder May 1899

^{& Lancet Sept 29, 1900}
(3) Baginsky & Sommerfeld Berlin Klin. woch. 28/7/1900

The latter investigated the pharyngeal mucus in cases of Scarlet Fever. A *Streptococcus* was isolated, which ~~was~~ exhibited great length of chains, retained Gram's stain, it answered the general description of *Streptococci* in general, but did not seem to have any distinctive characteristics.

They ^(Bogdan, Fournier) contended that the presence of this organism in the cadaver in rapidly fatal forms showed the close relation between it and the actual cause of the disease.

It was uniformly found present in all cases of the disease, and they argued that all the clinical manifestations of the disease could be produced by invasion of this organism.

"In 1891 Kurth made a valuable contribution regarding the *Streptococcus* present in cases of Scarlet Fever and which he named the *Strept. Anginiferus*.

He recognized the exceptional conformations of the *Streptococcus* in both.

From the general description it appears to be identical with the *Streptococcus* described by Klein.

The most recent observations on the
Streptococcus believed to be the specific
 cause of Scarlet Fever have been made
 by ⁽¹⁾ W. Murray H. Gordon of St. Bartholomew's
 Hospital, a large part of his original
^{clinical} material having been obtained from
 this hospital [Brook Hospital, Met. Asyl. Board]

He has conducted a most elaborate
 investigation into the morphology &
 pathogenicity of the organism ^(Klein's) obtained
 from the throat & nasal organs during
 the disease, from various complications
 and also from the cadaver. It was
 invariably found in him in the tonsillar
 secretion of early cases of scarlet-fever.
 It exhibited a remarkable pleomorphism
 in its individual cocci. This under the
 microscope at once differentiated it from
Streptococcus pyogenes, but this feature
 was found to vary considerably in

(1) Gordon. Reports of Med. Officer Loc. Govt. Board

1898-99

1899-00

1900-01.

and B.M.J. Aug 16, 1901.

different culture media, and was more manifest in solid media than in liquid growth.

This "bacillus formation" was more or less masked by passing the organism thro' mice. While the virulence was increased. In some instances it was found that the "bacillus formation" was increased.

From the Scarlet Fever Cadaver, a streptococcus in pure culture was obtained which only in a limited number of cases could be identified with the Scarlet streptococcus (*Streptococcus conglomeratus*) in its most typical form, and was indistinguishable from *Streptococcus Pyogenes*.

By lengthened culture in different media however, the organism assumed some of the typical characters of the *Streptococcus conglomeratus*. These organisms then showed more clearly differentiating characters from the *Streptococcus pyogenes* than did the modified *Streptococcus conglomeratus* modified by passage through a mouse.

Thus the organism recovered from Scarlet Fever after death, resembled that

recovered after causing death in a mouse.

The organism as it increased in virulence seemed to approximate to the *Streptococcus pyogenes*.

Investigation of the tissues of the cadaver showed that the invasion of organisms was through the portal of the fauces, and tonsils, whence it spread to the lymph glands to the blood.

As a contrast to the organism recovered from the tonsil during life, that on the surface of the tonsil after death exhibited the loss of cultural peculiarity (Vegetation formation) which was associated with increased virulence.

In the later reports of Gordon, a more thorough investigation of the characters of *S. conglomeratus* has been made, and a quantitative estimation of the organism on the surface of the tonsil.

A definite organism was found on the surface of the tonsil associated with *Streptococcus pyogenes*, the latter was less frequently present in milder cases of the disease.

The *Streptococcus conglomeratus* exhibited the following distinctive characters:-

- (1) Conglomeration in broth and marked coherency of the chains under the microscope
- (2) "Lace work" in agar condensation fluid the coherency of chains, on spreading out the growth give an appearance of lace pattern
- (3) "Bacillus formation", the individual cocci taking transverse the forms of rods, spindles & cones.
- (4) Litmus Milk clotted firmly in 3 days and a marked acid reaction given.

The organism may be fixed in its characters or alter on passage thro' mice, or on cultivation.

The *Streptococcus* obtained from the cadaver Dr. Gordon has subsequently been unable to identify with the above, and believes that it is an organism which plays a subsidiary part. (*Strept. pyogenes*) altho' ultimately causing death.

The question to settle is whether the *Streptococcus pyogenes*, and the *S. conglomeratus*

both present on the surface of the Tissue are one and the same organism, or whether the *S. pyogenes* plays a varying role: in milder cases absent, while in fatal cases breatherdenating and causing death by septicaemia.

This view seems to me to be the most rational one and explains the clinical manifestations of the disease.

The Conglomeratus *Streptococcus* would appear to be the active cause (specific) in the first instance, giving rise to the classical symptoms, and by its local effects allowing the invasion into the system of the *Streptococcus pyogenes*.

In severe or septic cases the latter assumes a more and more important rôle as the disease goes on, and would appear to become the inimical to the life of the Conglomeratus *Streptococcus*, so that in fatal cases the latter is absent.

In only one out of ten fatal cases was Gordon able to find the *S. conglomeratus*

The *Streptococcus Conglomeratus* was found in mice to produce, in addition to the local conditions at the seat of inoculation, by its toxin a general disease, while the organism itself was restricted to the site of inoculation.

In the toxic variety of scarlet fever which is so extremely fatal, the septic symptoms are absent, while the affection of the throat may be comparatively slight. Death would appear to be caused by the violence of the toxic infection of the system.

It is an interesting fact that the *Streptococcus Conglomeratus* has not been found in the blood of these cases, the severe & fatal symptoms being caused by dissemination thro' the system of a highly virulent toxin produced at the seat of invasion, the throat, the organism itself being restricted to this site.

In the septic type of the disease the clinical picture generally changes

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a few days after the onset of the disease
The Temperature chart, the focus &
symptoms become those of severe
Septic invasion of the system

Abscess, Septic arthritis & cellulitis
& other lesions are all accounted for by
the presence of *Streptococcus pyogenes*.

On the other hand the complications
caused by the specific virus of the
disease would appear to be

late adenitis, and acute Nephritis
which appear to bear no relation
to the severity of the original "Septic
feature" of the disease.

The infective of Scarlet Fever &c.
may be lodged remains for a considerable
time in septic cases. This may
be due to the specific germ which
may still remain attached to clothes, &c.
while the active agent in the
blood stream is the *Streptococcus*
pyogenes.

(1)
From the unreplicable experiments of Stickler
it seems certain that in the early or
eruptive stage of the disease the mucus
of the fauces contains the contagium of the
disease.

During the last year, having a large
amount of clinical material at my disposal
I have tried to find how far I could
demonstrate for my own instruction, the
conclusions of Gordon.

Interest in the matter was increased, from
a desire to find a bacteriological
clinical test as in the case of
Diphtheria. In a large number of
cases, a positive diagnosis of Scarlet
Fever cannot be made in many
instances where a positive diagnosis
is made with great care by an expert.

In the disease, too frequently the onset
of the classic symptoms a few days later

Ref:-

(1) Stickler New York Med. Record
Sept. 9, 1899 h. 363.

Shows the Conclusion To be fallacious.

In twenty cases of mild Scarlet Fever, the majority in the early stage of the disease, I have made a bacteriological examination of the tonsillar secretion for the *Streptococcus Anginosus*, attention at the same time being devoted to the ^{presence of the} *Streptococcus pyogenes* ~~affection~~ present.

Further I have made a Control examination of twenty normal Throats not exposed to the infection of Scarlet Fever.

Finally I have obtained from Dr. Eyrich of Eyrich's Mobile Bacteriological Laboratory two strains of *Streptococcus Pyogenes* from an entirely different source which I have examined with a view to comparison.

I regret that owing to the illness of Dr. Eyrich I have been unable to carry out the pathogenic experiments on mice at the date of writing this preliminary Note.

Technique of collection of material
and descriptions of preliminary, and
subsequent cultivations:-

In every instance in the examination of Scarletinae throats the mucopurulent secretion on the surface of the inflamed tonsil was selected for bacteriological examination.

A measured platinum loop was used for this purpose. A drop of water picked up in the loop was found (on being drawn into the Capillary Thread of a Hawksley's Pipette) to measure .0025 Cubic Centimetre.

$$.0025 \text{ cc} = \frac{1}{400} \text{ Cubic Centimetre}$$

In Gordon's investigations a loop containing $\frac{1}{500}$ cubic centimetre was used; two loops full in each instance being inoculated, by being distributed in 2 cubic centimetres of sterile normal salt solution. To render my

Observations Somewhat parallel, for purposes of comparison, I took 4 loopfuls of tonsillar secretion and diluted it in 5 cubic centimetres of sterile normal salt solution.

Therefore in 1 cubic centimetre of my diluted tonsillar secretion, as in his, there was contained $\frac{1}{500}$ cubic centimetre of original tonsillar secretion.

Two loopfuls of this dilution (my loop measuring $\frac{1}{400}$ cc)

represent $\frac{1}{200}$ of $\frac{1}{500}$ cc

or $\frac{1}{100,000}$ cc. of tonsillar secretion

1 loopful = $\frac{1}{200,000}$ cc tonsillar secretion

4 loopfuls = $\frac{1}{50,000}$ cc of tonsillar secretion

and so on. Hence in each

case examined a rough approximation to the number of organisms present can be made.

If a culture be made in a medium with two loopfuls of this dilution, if any colonies develop, organisms must at least have been present to the extent of one hundred thousand per cubic centimetre.

In the first instance in the cases examined, two loopfuls of ~~dilution~~ were used, and spread over the surface of a blood-serum slope-cultivation tube, and also agar slope.

These were incubated at 37°C for 48 hours, and then the colonies examined. If a too prolific growth of colonies was obtained, a

lesser quantity of dilution was used on the same media, and vice versa.

In the majority of instances colonies of streptococci, staphylococci, etc grew well on both media, in a few cases growths of streptococci were got on one or other medium only.

The media used were prepared at Guy's Hospital Bacteriological Laboratory, and cultures made under the supervision of Dr. Eyre, Lecturer on Bacteriology at Guy's Hospital.

Before removal of the secretion, one or two mouthfuls of water were swallowed ^{by patient} to remove any loose particles of food, and any extraneous matter. In no instance had gurgles or antiseptic solutions been used prior to the removal of secretion.

When the tubes were incubated for 48 hours, various colonies which

resembled ^{parvities} Streptococci, were subcultured
on Blood-Serum slopes, and on agar ^{at 37°C} incubated
for 48 hours, and growths which
resembled the Streptococcus conglomeratus
in cultural and microscopic features
were eventually selected in each
instance

In all the cases selected the above
methods have been followed, and
subsequently a more thorough
examination as to their microscopic
microscopic appearances, by growth
on the following media:-

- a Blood Serum 1 day at 37°C
- b Blood Serum Condensation fluid
- c Agar slopes
- d Agar condensation fluid
- e. Gelatin slopes and plate cultures
- f. Impression preparations from gelatin
colonies.
- g. Litmus Milk.
- h. Broth

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A routine examination of the ^{the} smears in each media was made, & staining by the following methods.

- (1) Hanging Drop Preparations (unstained)
- (2) Löffler's Methylene Blue.
- (3) Gram's Method.
- (4) Bile Carbol-Fuchsin.

Each strain was examined as regards capsular staining, by Richard Hesse's Method.

In the series of Normal Throats examined as regards the presence of streptococci on the surface of the tonsil, in many instances it was found impossible to obtain sufficient mucus to fill the measured loop; cultures were therefore made with a straight needle from the tonsillar crypts or the surface of the tonsil directly.

on to the Surface of blood serum and agar slopes and spread thoroughly all over the Surface. The subsequent examination was the same as in the case of the scarlatinal throats.

Series of 20 Cases Scarlatinal Throats Examined

Case 1 [Lab. 2]

J.R. male age 18

5^{1/2} day of disease

well marked typical case - rash fading on chest, present on abdomen and limbs. Temp. 92°F - 102°F.

Tongue coated - papillae showing through. Tonsils swollen and covered with slimy muco-purulent secretion.

Four loops of secretion were taken from the surface of the tonsil and diluted in 5 cc of Normal Sterile Salt Solⁿ.

Two loops of dilution were ^{serum} spread on the surface of blood _^ slopes

tube, and similar quantity on agar slope. Both tubes were incubated at 37°C for 48 hours.

After this period there were found on the surface of blood serum from 40-50 colonies which were of three varieties

(1) Yellowish white large colonies with colour deeper in centre than at edge, circular and tending to fuse with other colonies in places.

These on being subcultured and examined were found to be composed of *Staphylococcus pyogenes aureus*.

(2) Smaller and more numerous colonies which were of two kinds

(a) discrete, very slightly elevated, greyish, semi-transparent colonies,

(b) discrete colonies, about the same size as last, but more raised, and with well defined edges.

Several sub-cultures were made

mm "2. a" and "2. b" both of which were ^{found} ³⁰ ^{to be}
colonies of streptococci, and these of (b)
were identified by the following characters
as being those more nearly resembling
the descriptions of the 'specific' streptococci.

(1) The presence of bacillary forms, in
many of the chains, which were undoubtedly
well marked.

(2) The conglomerative or "nummular"
tendency in broth, which remained
clear. This character was further
observed in hanging drop and
preparations.

The colonies of "2. a" examined were
composed of chains, and a thorough
search of colonies on blood serum
failed to reveal the bacillary
formation.

A characteristic growth of "2. b."
was then subcultured on the
following media and more thoroughly

observed as regards its mode of growth and staining reactions.

1 Liquid Media:

(a) Broth 48 hours:- The fluid is clear; yellowish white granular deposit at bottom; which preserve their coherency on gently shaking the fluid, (^{somewhat} resembling humular sputum in this respect). This mass formation is very marked, each granule or mass rising in the fluid when shaken, "in toto", and then sinking down to bottom of tube again, to form a continuous layer of sediment covering bottom of tube; one or two detached masses adhere to sides of tube but the ~~fluid~~ ^{fluid} is clear.

Specimens were made for microscopic examⁿ, films & hanging drop preparation - in the latter some maceration was required before the individual elements could be satisfactorily examined. The masses were formed of short chains of cocci 2-7 cocci in each, but no bacillary formation could be made out.

and no further distinctive characters could be made out. in stained specimens.

(b) Blood-Serum ^[24 hours] Condensation fluid. Slightly turbid. On microscopic examination numerous long chain (10 - 30 cocci some less) with here and there a chain with bacillary forms fairly well marked. This character was observed in a film stained by Gram's Method. The cocci retained the stain very strongly, and bacillary forms of less or greater length could be seen in almost every chain, examined carefully.

(c) In agar ^{fluid} Condensation. The chains are ^{arranged like "fence"} not so long, are more curled, but show bacillary forms 'altho' there appear to be less numerous.

2 Solidi Media :-

(a) Blood Serum Colonies [24 hours at 37°C] very copious growth of well marked colonies, which are well defined, slightly raised, circular, and of a grayish colour - Microscopically

(1) This was not observed in fresh specimens, but in carefully prepared films (stained)

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These colonies are found to be composed of medium sized chains (8 - 15 cocci), which show slight sinuosity, and irregularity in the size of the cocci. Many of the cocci are oval or wedged shaped with occasional forms which by themselves would be described as bacilli. There is no conglomerate tendency, in preparations, made from these colonies. There are some wedge-shaped and lozenge shaped cocci.

There are numerous single-cocci and occasional pairs of cocci.

The growth as a whole could not be mistaken (microscopically) for a growth of bacilli, for while there are numerous bacillary forms, & forms approximating to that type, the coccus forms are in great preponderance.

(6) Agar : - The colonies are smaller, less numerous, greyish and more transparent than in blood-serum. They are circular or oval, and are less defined than in blood-serum.

Microscopically, bacillary forms are numerous, and on the whole the preparations resemble those from blood-serum.

(C) Jelatine (1 week at 20°C)

The growth on this medium is very slow. In about 1 week's time the colonies which are discrete can be examined with the help of a magnifying glass.

(1) Streak preparation - Minute Semitransparent colonies - which do not liquefy the medium.

(2) Slab method - discrete colonies
Microscopically the chains are found to be very short (two three spores) and single cocci preponderate.

Spindle & bacillary forms are numerous
(3) Jelatine Impression preparations were made from plates. The bacillary forms are so numerous as to lead one to believe that the bacillary formation must be more marked

on the surface of the actively growing colonies. The impression in this instance was made from a plate growth on the 10th day. (at ^{incub^d at} 20°C.)

(d) Lilium Milk In 48 hours coagulation of the milk was well marked, and an acid reaction was given.

Case 2. [Lab Q]

A.N. female. age 12.

3rd day of disease

Rash very typical. A moderately severe attack. Tonsils congested with some white sneaky deposit. Tongue coated. Temp. ranges from 100 - 102°F. Submaxillary glands palpable & tender.

Four loopfuls of secretion from tonsil diluted in 5 cc normal sterile salt solution. Two loopfuls of dilution spread in blood-serum culture slope, and one loopful on agar.

Both tubes were incubated at 37°C for 48 hours. On blood-serum a very numerous growth of colonies was obtained on agar less numerous growth.

From the latter several colonies were examined which were in every instance streptococci. In this instance

The colonies much resembled one another in macroscopic appearances, but on careful microscopic examination, the certain colonies were found to be composed of a smaller streptococcus than in the others with more massing of the chains together, but no bacillary forms could be found in fresh or stained preparations, from the original cultures.

Subcultures were made on the various media as in Case I, the results of which led me to believe that this streptococcus had specific

characteristics sufficient to distinguish it from the other forms of streptococci.

In broth after incubation for 48 hours the growth formed a sediment, and the conglomerative character was more marked than in "Case I." The supernatant fluid was clear. On microscopic

examination the conglomerations on first examination somewhat resembled masses of staphylococci, but under the higher powers of the microscope, the growth was found to be composed of medium ^{length} chains of streptococci with an occasional oval coccus in each chain.

This feature was not however so marked as in Case I.

In serum and meaton fluid the chains were longer, and bacillary forms more numerous, in agar and meaton fluid "lace work" was well marked.

On blood serum the colonies were

Small but well defined, on gelatine the growth was very slow (14 days) on gelatine no bacillary forms were found, but on blood-serum and agar these altho' not numerous, were distinctive.

Lilimo milk was clotted and an acid reaction was given.

Case 3. (Lab M.)

G.M. female age 5.

3rd day of disease

Very mild case of the disease. Rash fairly well marked, and throat, & tongue characteristic. Maximum temperature was 100.2°C on 2nd day, i.e. day of admission to hospital. Normal temp. on 3rd day. Throat shows general infection of fauces, but tonsils are not swollen.

Four loopfuls were ineffectually diluted in 5 cc normal salt solution and subsequently 4 loopfuls in $2\frac{1}{2}$ cc.

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of salt solution. In the first instance there was no growth, but on the second dilution being used, two loops being spread over blood-serum slope, eight to twelve colonies were obtained after 48 hours incubation at 37°C .

Several of these were examined, and in every instance a streptococcus was found with well marked bacillary form, in varying degree.

A greater quantity of dilution (6 loops) was spread over blood-serum and incubated for 48 hours. In this instance also all the colonies were of one type, well marked, slightly raised, more numerous [40-50] and composed of a streptococcus manifesting characteristics which led me to consider it as the specific streptococcus.

It did not clot Lelund's Milk, and the reaction was only faintly acid. The coagulative faculty was less

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marked than in Case I & Case II, and there was no "lace work" in agar condensation fluid. The bacillary forms were however well marked in the various media, and the chains appeared larger, and the growth more prolific in the solid & liquid media, than in the cases already described.

Case 4 [Lab P] Relapse Case

V. B. female, age 12 years
2nd day of disease. Moderately severe attack of Scarlet Fever. This case was supposed to be a relapse on the 14th day of disease. Patient was convalescent, desquamation had not commenced when on the day stated (14th) symptoms of vomiting & pyrexia supervened followed about 30 hours later by well marked rash. Tonsils were much enlarged & congested, with copious secretion of muco-pus. Tongue was thickly coated, & submaxillary glands became much enlarged and tender.

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Temperature ranged from 102.5 to 103.8°F and pyrexia lasted for 5 days.

Four loops of Tonsillar secretion were diluted in 5 cc. Normal Salt Solution, two loops of dilution being spread over blood serum tube and agar slope.

A very copious growth was obtained on both media on removal from incubator at 37° 48 hours later. The majority of the colonies were found to be composed of *Streptococcus pyogenes*, several of *Staphylococcus pyogenes aureus* & *albus* and a considerable number of *Streptococcus* which I identified as the *Streptococcus* of Scarlet Fever. The latter showed bacillary forms, which were very well marked in gelatine impression preparations, "cannon" conglomeration was well marked, "cannon" arrangement of chains in agar conglomeration fluid, and clotting of plasma with. In this instance little difficulty was experienced in identifying the *Streptococcus*.

Case 5 [Lab E]

W.F. male age 3 years.

Third day of disease

well marked rash. Temp 102°F.

Fauces and Tonsils injected. Tonsils

edematous & mealy. Tongue clean. Papillae enlarged.

Two loopfuls of tonsillar secretion were diluted in 5 cc of Salt Solution, and two loopfuls of dilution spread on blood serum & agar slopes.

The majority of the colonies examined were found to be composed of a *Streptococcus* with bacillary forms.

On further examination it was found to exhibit conglomerate characteristics in both growth, "lace work" arrangement. was well shown, ~~ferment~~ acid reaction in litmus milk which was firmly clotted in three days.

Some of the colonies which did not show any bacillary formation on being subcultured were found in some

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Respects to resemble the supposed specific
Streptococcus, viz Conglomerate tendency
in both, fluid remaining clear, while
no acid reaction in litmus milk was
obtained.

Case 6 [Lab. K]

DPs male - age 7 years
Fourth day of disease - Mild case.
Rash characteristic. Tongue clean
Lapineae enlarged. Throat slightly
infected. Temp 99.8° on 4th day.

Four loopfuls of secretion off the
surface of the tonsils were diluted
in 2 1/2 cc of sterile normal salt solution.
And two loopfuls were spread over
blood serum slope, & four loopfuls
over agar slope. No growth.
was obtained on agar after incubation
at 37° for 48 hours, — on blood serum
there was a growth of 6 or 8 colonies
all of which were examined in

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hanging drop preparations appeared uniformly of the same nature and were identified as the specific streptococci. Bacillary formation in all degrees, (spindle ovals & distinct bacilli) were observed on subcultures on blood-serum. Conformation & acid reaction relating to litmus milk were observed.

In this, a comparatively mild case, pure cultures of this organism were obtained.

Case 7 [Lat R]

E.W. female age 13 1/2 years.

Second day of disease
Typical attack of Scarlet Fever of a mild type. Rash well marked on chest and abdomen. Tongue slightly furrowed - papillae enlarged - Temp 100° F
Tonsils enlarged with spots of soft deposit on left side.

Four loops of soft secretion taken and diluted in 5 cc Dist. Solution.

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Two loopsfuls of dilution were streaked
on blood-serum agar slopes.

Several colonies developed after incubation
for 48 hours at 37° on agar; on blood
serum there was a much more extensive
growth. There were one or two colonies
which were composed of a bacillus (active
oxidative) and two varieties of
Streptococci, one form grew in
long chains & resembled in character
a Streptococcus of the "Longus" group,
the majority of the colonies were
composed of streptococci with very
marked bacillary forms, the bacillary
forms being more numerous than
cocci. A stringy acid reaction
in litmus milk & a firm clot in
two days was obtained by this strain.
Conglomeration was fairly well
marked in both. The chains in
blood media were short.

Note -

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In the following five cases the
Streptococci were examined as in the
previous cases, but the characters
were ~~more~~ ^{typical} ~~less~~ and
I was unable to identify ^{so easily} the
Streptococcus as in the previous instances.

Case 8. [Lab A]

V.B. Female. age 12 years.
Fourth day of disease. Admitted on
3rd day of disease with patchy rash on
chest and limbs. Tongue furred
throat slightly infected. Temp 99°F.
Four loopfuls of secretion from surface
of throat diluted with 2½ cc. Sal solⁿ,
and Blood Serum inoculated by
threading 2 loopfuls of dilution
over surface of sloped tube.

Two strains of Streptococcus were
examined in pure culture, as result
on incubation for two days. Neither
Streptococcus showed bacillary forms

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conformation in both was only slightly marked in both instances, - so far they resembled one another - One strain gave a marked acid reaction in Lelands Milk and a firm clot was formed in two days, the other *Streptococcus* only gave a feeble acid reaction and no clot was formed.

Case 9 [Lab B]

B.H. female age 3 years.

Third Day Case.

Rash patchy on limbs. Fingers enlarged
Nose enlarged Temp. 99° - 100.5° F
on third day. Tongue buried. Papillae enlarged.

Two Loops of tonsillar secretion were taken and diluted in 5 cc Salt Solution and with two Loops serum slope was inoculated, and incubated for two days.

A *Streptococcus* and *Streptococcus* were isolated, the latter formed medium, ^{short} chains, without any cordiness

of bacillary forms, and which was not
 noted. It was eventually identified
 as being of the Streptococcus Pyogenes
 class.

Case 10 (Lab C)

4th day of disease

H.F. female age 12.

well marked rash. Throat generally
 congested. Tongue characteristic

Four loops of secretion were taken
 in the usual way & dis^d. with
 5 cc Salt Solution. Two loops
 of secretion dis^d were distributed in
 blood-serum agar tubes.

Two varieties of Streptococcus were
 obtained. The first type
 culturally & microscopically in all
 characters resembles Streptococ. pyog.
 The second form altho' exhibiting
 bacillary forms, & more a less
 conglomerate faculty did not clot.

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milk and no acid reaction was obtained.

Case 11 [Lab D]

H.B. male aet. 7.

Sixth day of disease. Rash fading
and throat symptoms subsiding
disgranulation commenced in face.

$\frac{1}{100,000}$ cc of tinctoria secretion inoculated
in blood serum & gelatine.

a pure growth of streptococci colonies
were obtained which resembled
the streptococcus in other cultural
characteristics except in the clotting
of milk (which was absent). A faint
acid reaction in milk was given
after three days.

Case 12. [Lab I]

H.B.M. age 7. male. 4th day Case

a mild attack - (without septic symptoms)

Rash faintly marked. Tongue clean
papillae enlarged. Throat infected

submaxillary glands tender. Max T. 102°.

$\frac{1}{100,000}$ of Tonsillar secretion used in
 inoculating Surface of eggs & blood
 serum Tubes. A bacillus growth,
 Several colonies of staphylococci &
 numerous colonies of streptococci
 which on further examination was
 found to have only slight adherent
 conglomerative tendency. Secondary
 forms were doubtful - Some of the
 cocci might be described as oval.
 Methylolimus, cultures gave acid
 reaction and a fine clot in
 three days.

Case 13 [Lab H]

AF. male age 5 years

Fourth day of disease. Previously

suffered from chronic tonsillitis. Tonsils
 much enlarged and congested.

Tongue lined. Rash characteristic.

$\frac{1}{100,000}$ of Tonsillar secretion used.

Blood serum & agar Tubes inoculated

Colonies of *Staphylococci* & *Streptococci* examined. The latter were further examined from both original blood-serum & agar colonies. The *Streptococcus* in every instance was found in cultural microscope exam. to correspond to observation of *Streptococcus pyogenes*.

Case 19. [Lab I.]

2 F. male age 5.
Second day of disease. Rash and other symptoms characteristic. Throat symptoms slight.

$\frac{1}{200,000}$ of Minsell's secretion in blood serum. A copious growth of small colonies which were of *Streptococci* which showed none of the characteristic features of *Strept. anginosus*, but gave the cultural characters of *Strept. pyogenes*.

Case 14 [Lab J] 14th day of Disease

W.H. male age 14 $\frac{1}{2}$ years.

Moderately severe attack - Rash very well marked. Copious Rhinorrhoea

$\frac{1}{50,000}$ of Tonsillar secretion.

Two kinds of Streptococci were isolated - Streptococc. Pyogenes

and Streptococcus longus. None

of the colonies examined resembled Streptococcus conglomeratus.

There was no growth in the agar slant. In the broth a white bacillus probably bac. coli communis.

Case 15. [Lab O]

M.N. female age 3 $\frac{1}{2}$ years.

3rd day of disease

No complications but characteristic

rash. Throat very slightly

inflamed. Tongue clean.

$\frac{1}{100,000}$ of tonsillar secretion.

Streptococcus pyogenes & Staph. Pyog. aureus.

Case 17 [Lab X]

P. T. male age 14 years.

Sixth day of disease
well marked rash. Throat symptoms
severe with copious faucial secretion
ulceration of tonsils. Submaxillary glands
enlarged. Temp. ranged from 100.5-
to 103.2° C. and was of septic type
1/200,000 cc of tonsillar secretion used
for making cultures on blood serum
and agar tubes.

Streptococcus Pyogenes obtained
copious growth - also Streptococcus
longus. There were in addition
various bacilli and staphylococci.

Case 18 [Lab Y]

E. P. male age 1/100,000 cc of
Tonsillar secretion. Rash well
marked. Throat symptoms moderately severe.

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Streptococcus Pyogenes and Staphylococci
isolated.

Case 19. [Lab G.]

K R. male age 17.

7th day of disease. Throat almost
quite clean. Tongue clean.
Papillae enlarged. Rash faint.
on chest. Temp 100.5 on 2nd day.

$\frac{1}{50,000}$ of tonsillar secretion

No streptococci were isolated.

Case 20 [Lab N] Fourth day of Disease

H W. female age 4 years

$\frac{1}{100,000}$ tonsillar secretion

Throat much congested. Rash
typical. Max Temp 103° on 4th day.

In this case no streptococci
were obtained, but an almost
pure culture of Klebs Löffler Bacilli

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The child manifested none of the classic
symptoms of Diphtheria and she made
an uninterupted recovery.

Table showing Results of Bacteriological Examination of Tonsil in Scarlet Fever as regards Streptococci

Case	Day of disease	Amount of Secretion	Organism with Character of S. Conglomer.	Other Streptococci
I	5	$\frac{1}{100,000}$ cc	+	+ Strept. Pyog.
II	3	$\frac{1}{100,000}$ cc	+	+ Strept. Pyog.
III	3	$\frac{1}{50,000}$ cc	+	-
IV	2	$\frac{1}{100,000}$ cc	+	+ Strept. Pyog.
V	3	$\frac{1}{100,000}$ cc	+	+ Strept. Pyog.
VI	4	$\frac{1}{50,000}$ cc	+	-
VII	2	$\frac{1}{100,000}$ cc	+	+ Strep. Pyog.
VIII	4	$\frac{1}{50,000}$ cc	+	+ Strept. Pyog.
IX	3	$\frac{1}{100,000}$ cc	-	+ Strept. Pyog.
X	4	$\frac{1}{100,000}$ cc	+	+ Strept. Pyog.
XI	6	$\frac{1}{200,000}$ cc	+	-
XII	4	$\frac{1}{100,000}$ cc	+	-
XIII	4	$\frac{1}{100,000}$ cc	-	+ Strept. Pyog.
XIV	2	$\frac{1}{200,000}$ cc	-	+ Strept. Pyog.
XV	14	$\frac{1}{50,000}$ cc	-	+ Strept. Pyog. Strept. Conglomer.
XVI	3	$\frac{1}{100,000}$ cc	-	+ Strept. Pyog.
XVII	6	$\frac{1}{200,000}$ cc	-	+ Strept. Pyog. Strept. Conglomer.
XVIII	5	$\frac{1}{100,000}$ cc	-	+ Strept. Pyog.
XIX	7	$\frac{1}{50,000}$ cc	-	-
XX	4	$\frac{1}{100,000}$ cc	-	- [Klebs. Löffler. Bacillus]

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Analysis of Specific Characters of *Staph. Cong.* isolated

Case	Bacillus Formation	Congl ^u mass.	Laculons in agglutina	litmus Milk Coagulated	Acid Resc in litmus Milk
I	+	+	+	+	+
II	+	+	+	+	+
III	+	+	+	-	+
IV	+	+	+	+	+
V	+	+	+	+	+
VI	+	+	+	+	+
VII	+	+	+	+	+
VIII	+	+ slight	+	+	+
IX	-	-	-	-	-
X	+	+	+	-	-
XI	+	+	+	-	-
XII	+	-	-	+	+
XIII	-	-	-	-	-
XIV	-	-	-	-	-
XV	-	-	-	-	-
XVI	-	-	-	-	-
XVII	-	-	-	-	-
XVIII	-	-	-	-	-
XIX	-	-	-	-	-
XX	-	-	-	-	-

Table of Bacteriological Examⁿ of Tonsil in 20 Normal Throats
regarding the presence of Streptococci.

No	Streptococcus with character resembling Strept. Conglom.	Strept. Pyog	Other Streptococci
I	-	-	+ Strept. Cong
II	-	-	-
III	-	+	+ Strept. Cong.
IV	-	+	-
V	-	-	-
VI	-	-	-
VII	-	+	+ Strept. Cong
VIII	-	-	-
IX	-	-	+ Strept. Cong
X	-	-	-
XI	-	+	+ Strept. Cong
XII	-	-	-
XIII	-	+	-
XIV	-	-	+ Strept. Cong
XV	-	+	+ Strept. Cong
XVI	-	-	-
XVII	-	-	-
XVIII	-	-	-
XIX	-	+	+ Strept. Cong
XX	-	+	+ Strept. Cong

A special examination of two strains of typical *Streptococcus Pyogenes* was made, special attention being given to those special features which are characteristic of the *Streptococcus Conglomeratus*.

The following characters were observed:-

Broth. The fluid after incubation for 48 hours is slightly turbid, and a distinct sediment forms at the bottom of the tube which does not exhibit the same cohesive characters as in the case of *S. Conglomeratus*.

The growth is more readily spread out as a film preparation and microscopically it is found to be composed of medium sized curled coccus chains, not forming any distinct grouping.

In agar Condensation fluid a certain amount of pattern grouping can sometimes be obtained if the film is carefully prepared.

In Lelms Milk incubated for 3 days at 37°
 I uniformly got a faint acid reaction
 Clotting did not occur.

In agar and gelatine plates I was
 unable to make out any distinguishing
 characters by the naked eye, which
 would separate one class of colony
 from the other. Various impressions

preparations of *Streptococcus pyogenes*
 were made but in none of these
 were bacillary forms discovered

The growth of *Streptococcus*
conglomeratus on gelatine I found very
 much slower than in the case of
Strept. Pyogenes. Examined under

the microscope a sheet growth of
S. Conglomeratus is invisible to the

naked eye, and a negative
 conclusion cannot be arrived at.
 in the case of a growth in this
 medium for several weeks. The

growth of *S. pyogenes* on this
 medium is much more profuse

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than that of *S. Conglomeratus*, and the latter is a more delicate organism, and dies more readily. I found it necessary to have several fresh growths of each strain as tubes frequently ceased to give any growth without apparent cause.

Summary of Results and Conclusions:-

- ① In twenty cases of mild Scarlet Fever examined the organism with the distinctive characters of *Streptococcus Conglomeratus* (or *scarlatinae*) was isolated in eleven instances.
- ② In four of these cases *Streptococcus Conglomeratus* was the only *Streptococcus* found present in the secretion.
- ③ In seven of the instances where *Streptococcus Conglomeratus* was found, *Streptococcus pyogenes* was also found associated with that organism.
- ④ In seven cases *Streptococcus pyogenes* was the only form of

Streptococcus discovered in the secretion.

- (5) In only one instance (a very mild ^{late} case) was no Streptococcus discovered.
- (6) In one instance the Klebs Löffler Bacilli was discovered in a case which at the time and subsequently manifested none of the symptoms of diphtheria.
- (7). Case 8 & Case 4 (it is interesting to note) were the same patient. In the first attack (Case 4) cultures were made on the 4th day of disease and the characters of the Streptococci obtained were anomalous, although slight bacillary formation was noted. On the 14th day patient had a relapse more severe in nature than the initial attack, and cultures were made from the secretion on the 2nd day of disease. The Streptococcus was isolated showing all the distinctive features of *S. conglomeratus*.

(8) Variation in the Cultural Characters of *Streptococcus Conglomeratus* were found, 'bacillary formation' may be be slight or well marked, Conglomeration varies somewhat in degree, & clothing of milk may be absent, while all the other characteristic features are present.

(9) In no case of *Streptococcus Conglomeratus* examined was the bacillary formation so marked as to suggest the presence of the Klebs Löffler Bacillus.

The presence of Klebs Löffler Bacilli in one instance noted was probably accidental, & probably due to conveyance of infection in some way from a Diphtheria ward in the same hospital.

In the absence of proof of the specific nature of the *S. Conglomeratus* by inoculating the human subject it is impossible to say absolutely that it is the specific cause of the disease although this seems highly probable.

Its presence in Scarlet Fever, and
absence in the normal throat, ~~and~~
(even in the absence of proof of its
absolute specificity), is of clinical
value in the diagnosis of the disease

In 20 Cases of Normal Throats
examined, in no instance was a
Streptococcus found manifesting the
distinctive characters of the Streptococcus
which would appear to be specially
associated with Scarlet Fever.

From the results above noted it
would appear to be a good
positive sign in the diagnosis of the
disease, while a less trustworthy
negative sign.

The pathogenesis of the organism in
man is an important feature of the
organism and I regret that at the
time of writing I am not able to
append results obtained in this direction
to these preliminary notes.

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All shades of gradation of the ^{characters of} *Streptococcus*
glomeratus, into those ^{of the} *Streptococcus pyogenes*
may be found, and by culture and
inoculation of animals its characters
may be so changed, as almost
to resemble the *Strept. pyogenes*

On the other hand cultivation and
inoculation of the *Streptococcus pyogenes*
has failed to make it resemble
Streptococcus anginosus in the main
features of that organism.

Both organisms may be found in
the fauces in cases of Scarlet Fever.

The nature of infections by the
Streptococcus pyogenes are well known,
and many of the symptoms of
Scarlet Fever resemble infection
by this organism - on the other
hand certain features of Scarlet
Fever cannot be explained by the

Infection of *Streptococcus pyogenes*

No other germ has been described
or has been found in the faeces, which
is only found in Scarlet Fever.

Hence in the present state of our
knowledge, although absolute proof
cannot be obtained, we may
consider the active cause of the
disease, this *Streptococcus*.
Conglomerates.

white